

Cor Maximus Price List

*All Fees are payable at the time of service, and are the responsibility of the patient.

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|---------------------------------|--------|----------------------------------|-------|
| <u>SPORTS THERAPY</u> | | Initial: | \$65 |
| | | Subsequent: | \$50 |
| <u>CHIROPRACTIC</u> | Adult: | Initial: | \$50 |
| | | Subsequent: | \$38 |
| | | <i>With acupuncture:</i> | \$73 |
| | [65+] | Initial: | \$40 |
| | | Subsequent: | \$33 |
| <u>ACUPUNCTURE</u> | | Initial (30 min): | \$55 |
| | | Subsequent (20 min): | \$40 |
| <u>MASSAGE THERAPY</u> | | 30 min: | \$50 |
| | | 45 min: | \$65 |
| | | 60 min: | \$85 |
| | | 90 min: | \$130 |
| <u>AQUA MASSAGE</u> | | 10 min: | \$19 |
| | | 15 min: | \$22 |
| | | 20 min: | \$26 |
| | | 25 min: | \$30 |
| | | 30 min: | \$33 |
| <u>PERSONAL TRAINING</u> | | 30 min: | \$33 |
| | | 45 min: | \$44 |
| | | Each additional person (max. 3): | +\$11 |

****Packages on reverse*

CLASSES – PLEASE ENQUIRE

** Prices listed below subject to applicable taxes*

| | | | |
|--------------------------------------|------|-------------------------------------|------|
| Tubing: | \$4 | Biofreeze gel 3 oz.- | \$15 |
| Swiss Ball Pro Series: 55cm - | \$43 | 32 oz.- | \$60 |
| 65cm - | \$47 | Foam Roll 3 ft. full- | \$55 |
| TENS Electrodes - 4 pack: | \$15 | 1 ft. full- | \$35 |
| Tape: | \$5 | Ice Packs cervical/standard- | \$35 |
| Kinesio Tape: | \$25 | oversized- | \$48 |

***** Personal Training Packages**

30 min. Sessions

6 week expiry*

6 sessions for the price of 5 \$165
12 sessions for the price of 10 \$330
18 sessions for the price of 16 \$528

8 week expiry*

12 sessions for the price of 10 \$330
18 sessions for the price of 16 \$528

45 min. Sessions

6 week expiry*

6 sessions for the price of 5 \$220
12 sessions for the price of 10 \$440
18 sessions for the price of 16 \$704

8 week expiry*

12 sessions for the price of 10 \$440
18 sessions for the price of 16 \$704

**payment is required at the first training session and the offer expires the respective number of weeks after the initial session.*

Personal Training Take-Home Programs

Have our personal trainer develop a program for you to do in the comfort of your home.

2 Week Take Home Program – After your first visit with the trainer, you will be provided with a two week exercise plan for you to complete at home. This will include three cardiovascular workouts, and three strength training workouts. The initial visit with the trainer will be 45 minutes in length. The cost of this service is **\$88**.

4 Week Take Home Program – Just like the 2 week program, just twice the length. We will provide a exercise plan including six cardiovascular workouts and six strength training workouts, with your session with the trainer lasting for 60 minutes. The cost of this service is **\$160**.